

# JCC's Perlstein Resort & Conference Center

## Breakfast Menus

*All Breakfast Options include Assorted Juices, Milk, Coffee, Tea, Assorted Cold Cereals, Condiments and Fresh Fruit in Season.*

### Continental Breakfast

Coffee Cake  
Assorted Donuts  
Yogurt / Granola  
Hard Boiled Eggs

### Breakfast Buffet

#### Choose two:

Toast / English Muffins	Assorted Donuts
Coffee Cake	Assorted Croissants
Assorted Muffins	Assorted Danish
Fresh Baked Cinnamon Rolls with Icing	

#### Choose one:

Hot Cereal (Oatmeal or Cream of Wheat)	Grapefruit Halves
Yogurt / Granola	Hard Boiled Eggs
Hash Brown Potatoes	Grilled Potatoes & Onions

#### Choose one:

Buttermilk Pancakes	½ Chocolate Chip & ½ Buttermilk Pancakes
Scrambled Eggs	Omelets with Assorted Vegetables and Cheese
French Toast w/Warm Fruit Toppings	
Assorted Bagels (including plain & chive Cream Cheese, Sliced Tomatoes & Onions)	

### Brunch

Scrambled Eggs or Omelets with Assorted Vegetables and Cheese  
Hash Brown Potatoes or Grilled Potatoes & Onions  
Toast / English Muffins  
Assorted Croissants  
Hot Cereal

#### Choose One of the Following Additions

French Toast with Hot Fruit Toppings  
Fresh Baked Cinnamon Rolls with Icing  
Assorted Blintzes with Strawberries and Sour Cream  
Assorted Bagels (including flavored Cream Cheese, Sliced Tomatoes & Onions)  
Yogurt / Granola

Please note:

\*Many of the above items are dairy. We can make some of the entrees Parve (Non-Dairy) if necessary.

\*Egg beaters can be made available if you let us know in advance.

\*If you require Chalov Yisrael products, please request this two weeks in advance. You will be charged the difference in cost.

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## Lunch/Dinner Menus

*All Lunches and Dinners include Punch, Ice Water, Condiments, Peanut Butter, Jelly and Bread. Coffee and Hot Tea are always available.*

*\*Friday night Shabbat Dinner is the only family style meal; all other meals will be served Buffet Style. (Friday night Shabbat dinner also includes Kiddush Wine, Grape Juice & Challah. If your group requires Challah Rolls please make advance plans with our Food Service Manager.)*

### **Main Course (Select Meat or Dairy Meal):**

#### **Meat (choose one):**

Chicken (Corn Flake Crumb, BBQ, Signature Roast, Honey Mustard, or Grilled)  
Sweet & Sour Brisket  
Chicken Patties  
Sloppy Joes  
Hamburgers & Hot Dogs  
Roast Turkey  
Spaghetti with Meat Sauce or Meatballs  
Assorted Deli Meats (Turkey Breast, Turkey Pastrami, Corn Beef, & Salami)  
& Hot BBQ Beef or Italian Beef  
Meat Loaf or Turkey Meatloaf with Creole Sauce  
Grilled Chicken or Beef Fajita Bar (w/parve sour cream, guacamole & sautéed vegetables)

#### **Dairy (choose two):**

Grilled Cheese Sandwiches  
Macaroni & Cheese  
Fish Sticks  
Plain or Spinach Lasagna  
Cheese & Veggie Pizzas  
Mostaccioli Bake  
Spinach or Broccoli Quiche  
Blintz Soufflé (with Strawberries / Sour Cream / Cottage Cheese)  
Sweet Noodle Kugel  
Falafel Balls, Hummus, and Pita Bread (Parve)  
Baked Potato Bar (with Sour Cream, Cheese Sauce, Onions, Mushrooms, Peppers, Broccoli, Cauliflower)  
Bow Tie Pasta with Vegetable Medley  
Penne Pasta with Creamy Tomato Sauce  
Angel Hair Pasta with Pesto Sauce  
Rotini with Marinara Sauce

### **Potato / Rice options (choose one):**

Roasted Potato Wedges	Mashed Potatoes or Sweet Potatoes
Baby Red Potatoes	Baked Potatoes
Sweet Potatoes	Potato Latkes (Pancakes)
Steamed Rice	Long Grain and Wild Rice
Rice Pilaf	Spanish Rice
Onion Rings	French Fries
Refried Beans	Potato Chips

**Vegetable/Side options (choose one):**

Fresh Vegetables in Season	Corn (on the cob or kernels)
Green Beans	Steamed Mixed Vegetables
Baby Carrots	Vegetable Tray with Dip
Egg Salad	Tuna Salad
Garlic Bread	Breadsticks
Cheese Bread (Dairy)	Bruschetta Bread
Fresh Fruit Tray	

**Salad & Soup options (choose one):**

Salad Bar	Tossed Salad
Spinach Salad	House Salad
Caesar Salad (Dairy)	Italian Salad
Israeli Salad	Pasta Salad
Taco Salad	Potato Salad & Cole Slaw
Wild Rice Salad	
Egg Drop Soup	Tomato Soup
Mushroom Barley Soup	French Onion Soup
Minestrone Soup	Chilled Gazpacho Soup
Chicken Soup with Matza Balls (Meat)	

**Dessert options (choose one):**

Black Forest Cake	Chocolate or Yellow Cake
Chocolate Torte	Banana Split Torte
Strawberry Shortycake	Pineapple Upside Down Cake
Banana Cake	Carrot Cake
Mandarin Fluff Cake	Spice Cake
Cookies	Cookie Bars
Pumpkin Bars	Lemon Bars
Cupcakes	Brownies
Fresh Fruit Cup	Lemon Sorbet
Italian Ice Tubes	Juice Pops
Rice Krispy Bars	Apple Crisp
Cherry Cobbler	Peach Cobbler
Ice Cream Bars (Dairy)	Itty Bitts Cups (Dairy)
Chocolate Chippity Cake (Dairy)	Almond Addition Cake (Dairy)
Seven Layer Bars (Dairy)	Cheesecakes (Dairy)
Chocolate Pudding (Dairy)	Boston Cream Pie (Dairy)
Chocolate Éclairs (Dairy)	Raspberry Cake (Dairy)

**Extra options available for an additional cost**

**Upgraded meal options (Additional Charge and 2 weeks prior notice required for ordering):**

Marinated Grilled Rib Eye Steaks	Teriyaki Salmon Fillets
Fresh Baked White Fish	Poached Whole Salmon
Lox (Smoked Salmon) Slices	
Assorted Wine or Champaign	
Assorted Beer	

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## Snack Menus

*All evening Snack Buffets include Assorted Fresh Whole Fruit, Punch, Coffee, and Hot Tea, as well as disposable plates, napkins and utensils. Unless there are specific instructions to set up the snack in another location, all evening snacks will be set up in the dining room. Please let us know what time to expect you.*

**Group rates include one evening snack per day. Groups can choose to add afternoon or other additional snacks for an extra charge.**

### **Snack Options(choose one):**

Chocolate or Yellow Cake  
Mandarin Orange Cake  
Cupcakes  
Brownies  
Assorted Cookies  
Chocolate Covered Rice Krispy Bars  
Carrot Cake  
Banana Cake  
Vegetable Tray with Dill Dip  
Pretzels & Potato Chips  
Chips & Salsa

### **Upgraded Snacks (additional charge):**

S'mores (Chocolate Bars-Parve or Dairy, Marshmallows, Graham Crackers)  
Ice Cream Sundae Bar with Assorted Toppings (Parve or Dairy)  
Fresh Cut Fruit Platter  
Salmon Log (We're Famous for It!!) with Crackers  
Spinach Dip in Bread Bowls  
Assorted Cheese Tray & Crackers (Dairy)  
Pita Bread, Hummus, Falafel Balls  
Deviled Eggs  
Chicken Wings (Meat)  
Cocktail Wieners (Meat)  
Meatballs (Meat)  
Assorted Hot Hors d'oeuvres  
Assorted Wine / Beer